The Growing Brain Supporting the Emotional Well-Being of All Families

January 2023

The Growing Brain, a ZERO TO THREE curriculum, prepares early interventionists to consider how to implement shared knowledge and experiences around social and emotional development into practice. This short course promotes the role everyone plays in supporting the emotional well-being of all families.

Specifically, this 4-week short course covers the following topics: Relationships, stress, attachment, trauma, temperament and behavior.

What is your primary role?



...I am dealing with a situation right now in which this information is so needed, for myself and the family. I plan to share the handout when having a discussion with the parents."

From the four Growing Brain sessions:





I have learned a lot about how to involve parents more as the expert on their own child and how to listen more and give suggestions less."



How satisfied were participants with the sessions?

Very Satisfied or Satisfied



Percentages rounded to the ¥ nearest whole number









Virginia Department of **Behavioral Health & Developmental Services**