



The Growing Brain

Supporting the Emotional Well-Being of All Families

Fall
2025

The Growing Brain, a **ZERO TO THREE** curriculum, prepares early interventionists to consider how to implement shared knowledge and experiences around social and emotional development into practice. This short course promotes the role everyone plays in supporting the emotional well-being of all families.

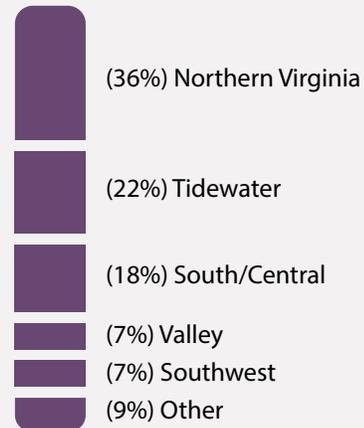
Specifically, this **4-week short course** covers the following topics: Relationships, stress, attachment, trauma, temperament and behavior.

What is your primary role?



I love the tools that were shared. These are really concrete ways I can facilitate discussions about temperament with parents.

In what region do you work?



* Percentages rounded to the nearest whole number



I loved the strategy of asking parents to reflect on play activities they enjoyed as children, especially for parents who find it difficult to play with their children. I'm definitely going to use this strategy with some of my parents.

From the four Growing Brain sessions:



* Percentages rounded to the nearest whole number

How satisfied were participants with the sessions?



* Percentages rounded to the nearest whole number

