

**Meeting Minutes** 10/24/2022 10:30 a.m. – 12:00 pm

# **Attendees**

Cori Hill, Lisa Terry, Kyla Patterson, Catherine Hancock, Virginia Chu, Christine Spence, Tracy Walters, Emily Amerson, Erin Austin, Bitsy Womack, Patty Eitemiller, JoShirlon Capehart, Amber Gant, Ana Brecht, Corey Cassidy

# 1. Welcome/Introductions & Celebrations/Announcements

- a. Thank you, Catherine!
- b. Professional Development Consultant Applicant Update
  - Candidate has accepted a verbal offer for professional development consultant position
- c. A lot of representation from Virginia at the DEC Conference.

### 2. State and National Activities

a. Part C Update

TRAC-IT - New data system being implemented and early interventionists continue to adjust to it. There will be updates and adjustments throughout the year with the system.

Kyla Patterson will be transitioning to Catherine's role as she retires. Congratulations to Kyla.

Kyla's position vacancy will be posted soon.

b. VA DEC

Fireside Chats

- 1. Nov 3, 2022 4-5 pm
- 2. Nov 15, 2022 7-8 pm

DEC has a lot of opportunities for early interventionists. There are several <u>Communities of Practice (CoP)</u> including early intervention, service coordination, and infant mental health.

VA DEC is also looking for more people to be involved- at the board level, or in individual projects. Contact Christan Coogle

(<u>ccoogle@gmu.edu</u>) or Serra De Arment (<u>dearmentst@vcu.edu</u>). Christine Spence (<u>cmspence@vcu.edu</u>) is also available to answer questions.

c. Conferences

**DEC Conference** 

- VEIPD presented on Supporting Social Emotional Development, Supporting Higher Ed, Service Coordination, and Infant Mental Health.
- 2. A lot of conversations around reconceptualizing occurred especially since the pandemic.
- 3. DEC next year is Nov 28-Dec 1 in Minnesota. Requests for proposals should come out in January if you want to think about attending and/or presenting.

#### **CEC Conference**

March 1-4, 2023 in Louisville, KY

#### <u>NAEYC</u>

November 16-19, 2022 in Washington, DC

#### Zero to Three Institute

December 7-8, 2022 in San Diego, CA

d. IECMH and EI (Part C) Cohort

State work group integrating IECMH and strengthening integration across the state. Using a tool to look at what's happening across the state and what are our next steps.

Briefing Paper: Infant and Early Childhood Mental Health and Early Intervention (Part C): Policies and practices for supporting the social and emotional development and mental health of infants and toddlers in the context of parent-child relationships

#### e. Other

## 3. Member Ideas and Input

a. Webinar ideas

Talks on Tuesdays

1. Myers Briggs Personality types and early intervention SC Chats

Email Lisa or Cori if you have ideas for topics or presenters.

- 2. Subarna has been doing lunch and learns every month
  - a. Girls and autism
  - b. Pandemic
- 3. <u>Autism Everyday</u> book that is well-received, book study
- 4. Temperament training Patty and Lisa
- 5. Self-Care Patty and Corey Cassidy
- 6. Community Safety JoShirlon, could be a SC Chat but could be beneficial for all providers

- FUNdamental of Play and revisiting on how to describe it to parents on how play helps development. For example, thinking about talking to families about how they played and learned growing up - Ana Brecht
- Benefits of unstructured play, sensory system, and mental health, approaching behavior using a sensory lens - Amber Gant
- Tracy Walters Identified a potential speaker (Keith Cartwright <u>Robert.cartwright@dbhds.virginia.gov</u>) on infant mental health
- 10. Would be beneficial to double count for other providers.
  - a. Cori mentioned all of them do count as professional development contact hours. People confuse thinking they have to get CEUs. Our certificates have VCU's logo since it is an accredited university.
  - b. It may be helpful to say it at the start of training.
- b. Professional Development Experiences

Interested in thinking about priorities.

Would love to hear if there were new trainings people attended that may have been helpful. We are thinking about topics, but also delivery style. For example, <u>Learning Paths</u> are a different type of training where learners can take on their own time and choose the pathway that interests them the most.

- Children's Trust Fund Alliance's Train the Trainers of the Protective Factors (Train the Trainers) - All about the 7 protective factors.
  - a. <u>https://ctfalliance.org/protective-factors/#TrainingofTr</u> <u>ainers</u>
  - b. People are tired so wondering if maybe that is why ToTs participation is lower.
  - c. Patty shared info on a short online course on the RIOS, a framework for Reflective Supervision.
    <u>https://ceed.umn.edu/online-courses/introduction-to-reflective-supervision-consultation-using-the-rios-framework/</u>

2. ECHOs are another type of training format we launched last year for Social Emotional and Leadership. We will be hosting an ECHO on Equity this year.

### 4. Resource Sharing

a. Elevator Speeches

All playlists are now divided into separate playlists based on their topics: Parent Perspectives, The El Process, Preservice, Resources, Strategies, Roles

**Save the date** for the next meetings on the 4<sup>th</sup> Monday from 10:30 am-12:00 pm EST in January, April, July, & October 01/23/23, 04/24/23, 07/24/23, 10/23/23