

## Prematurity and Autism Pop Quiz



### PURPOSE OF ACTIVITY

The purpose of this activity is to quickly share information about the correlation between prematurity and autism.



#### **RESOURCES NEEDED**

- Article Autism Speaks: Prematurity and Autism
- Handout Prematurity and Autism Pop Quiz (at bottom also with answer key) .
- Music (optional) •
- Small door prizes (optional)



## SPECIFIC STEPS

- 1. As group convenes, distribute copies FACE DOWN of the article, Autism Speaks: Prematurity and Autism and the handout, Prematurity and Autism Pop Quiz.
- 2. Inform participants that this is a pop-quiz game. When you begin the music (and not before), they should review the article and answer the pop-quiz questions as quickly as possible.
- 3. The first person to correctly answer all the questions wins a small door prize. If the first person has an incorrect answer, go to the next participant who completed the guiz with the next highest score.
- 4. Option: If you want to eliminate the competition, delete the music and time factor. Encourage participants to answer each question. Review the answers as a group asking each participant to score their own quiz. Distribute small door prizes to anyone with 100% (or whatever cut-off criterion of your choosing.)



#### ADDITIONAL RESOURCES

#### **Talks on Tuesday**

Neurotypical Brain Development: "How Different Is It from Autism, ADHD, Language Delay, etc.?" Website

Autism Speaks

Article

Neuropathology of Infantile Autism









# Prematurity and Autism Pop Quiz

#### 1. (2 points) Common factors predisposing infants to autism include:

- a. Extreme prematurity
- b. Being a girl
- c. Low birth weight
- d. Intrauterine infection during pregnancy
- e. A, C, D
- f. All of the above
- 2. (2 points) Extreme prematurity with very low birthweight have a higher risk of developing autism than full-term infants. T/F
- 3. (2 points) Injuries to the \_\_\_\_\_\_ appear to have a particularly high risk of autism:
  - a. Temporal lobe
  - b. Cerebellum
  - c. Occipital lobe
  - d. Brainstem
- 4. (2 points) Most crucial brain development occurs during:
  - a. The third trimester
  - b. The first trimester
  - c. The second trimester
  - d. A and C
  - e. B and C
- 5. (2 points) Prematurity is not associated with higher risk of neurodevelopmental disabilities. T/F
- 6. (5 BONUS POINTS from Talks on Tuesday, NEUROTYPICAL Brain Development: "How Different Is It from Autism, ADHD, Language Delay, etc.?")

At 35 weeks gestation, a baby's brain weighs only \_\_\_\_\_\_ of what it will weigh at 39-40 weeks gestation?

- a. 1/4
- b. 2/3
- c. 1/3
- d. 3/4

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