

## Home Visiting Safety: Let's Think About Your Car



## **PURPOSE OF ACTIVITY**

This activity is designed to support learners as they review key things to remember about car safety during early intervention visits.



## **RESOURCES NEEDED**

• Blog – Car Safety Tips: It's About More than Locking Your Doors (can be downloaded as handout)



## **SPECIFIC STEPS**

- 1. Before the meeting, tell participants that you will be discussing car safety related to home visiting with the group. Ask participants to think about localities or situations that have given them a "cause to pause" as they thought about their personal safety.
- 2. Begin by inviting participants to share recent experiences during which they felt apprehensive about their personal safety while on an early intervention visit.
- 3. Have participants access the blog post on their devices or pass out the downloadable article, *Car Safety Tips: It's About More than Locking Your Car*. Instruct participants to read it, thinking about their own practices related to car safety.
- 4. Ask participants to put a star X next to the suggested safety tips that they routinely practice. Ask participants to put a circle O next to those safety tips that are new strategies they would like to implement. Identify which tips or strategies have the most circles.
- 5. Instruct participants to talk with a partner about how they want to put the circle tips/strategies in place on their next visit. **NOTE:** This could also be done as a large group discussion.
- 6. Ask participants if they have additional tips or strategies specific to car safety that they would share with the group. Some suggestions might include: making sure you have plenty of gas, properly maintaining your vehicle especially with tire pressure, locking doors when driving, etc.
- 7. Take a moment to return to any identified situations that were described in Step 2 focusing specifically on those that tied to car safety. Discuss these situations and problem-solve how some of the tips mentioned in the blog could have been applied or be applied in the future to improve safety.



**Online Module: Safety** 

 Visit the <u>VA Early Intervention eLearning Center</u> site to access these modules under the Ongoing Professional Development list.

Online Module: Personal Safety for Home Visitors (Early Impact VA)







