

# Home Visiting Safety: Be Aware and Trust Your Instincts



# **PURPOSE OF ACTIVITY**

This activity is designed to support learners as they consider tips and strategies to promote personal safety during early intervention visits.



## **RESOURCES NEEDED**

NOTE: Blog and video can be used together or each can stand alone.

- Blog Safety Tips for Intervention Visits (can be downloaded as handout)
- YouTube video <u>Home Visiting Safety: Staying Safe & Aware on the Job</u> (7:42)



#### SPECIFIC STEPS

- 1. Before the meeting, tell participants that you will be discussing home visiting safety. Encourage participants to reflect on a situation during an El visit that caused them to be anxious about their personal safety.
- 2. Begin by inviting participants to share recent experiences during which they felt apprehensive about their personal safety while on an El visit. Take quick notes to help facilitate final discussion.
- 3. As a group, review the *Home Visiting Safety: Staying Safe & Aware on the Job* video, inviting participants to take a few notes on their favorite tips.
- 4. Have participants access the blog on their devices or pass out the downloadable article, *Safety Visits for Intervention Visits*. Instruct participants to read it, thinking about their own practices related to home visiting safety, putting a check mark next to 2 strategies they want to remember and begin using.
- 5. Ask participants to share 1-2 tips from either the video or the blog that made them think about ways they could strengthen their safety practices.
- 6. Take a moment to return to any identified situations that were shared in Step 2. Discuss and problem-solve with the group how they could implement some of the tips from the blog and/or video that would decrease the possibility of a similar situation arising again.



### **ADDITIONAL RESOURCES**

**Online Module: Safety** 

Visit the <u>VA Early Intervention eLearning Center</u> site to access these modules under the Ongoing Professional Development list.







