## The Growing Brain

Supporting the Emotional Well-Being of All Families

March 2023

The Growing Brain, a ZERO TO THREE curriculum, prepares early interventionists to consider how to implement shared knowledge and experiences around social and emotional development into practice. This short course promotes the role everyone plays in supporting the emotional well-being of all families.

Specifically, this 4-week short course covers the following topics: Relationships, stress, attachment, trauma, temperament and behavior.

## What is your primary role?



This session was extremely fascinating! I really enjoy learning about brain development and how attachment influences the relationship between a child and caregiver. "

## From the four Growing Brain sessions:



I will be more mindful of my interactions with the family to help build a trusting relationship."





How satisfied were participants with the sessions?

Very Satisfied or Satisfied



 Percentages rounded to the nearest whole number







