Quick Coaching Reference Guide

IOINT PLAN

Reference from last session and use to check in/begin. Ask the caregiver what they would like to work on today.

OBSERVATION

Ask the caregiver what has been tried before showing a strategy.

Give caregiver an opportunity to demonstrate what they've tried before showing a strategy.

ACTION/PRACTICE

Intentionally model/coach strategy after observing/learning what caregiver has already tried. Give caregiver the opportunity to practice the intentionally modeled/coached strategy.

REFLECTION

Use open-ended questions to help the family reflect on past and/or new strategies.

Ask caregiver what differences they noted (previous v. current practice).

Ask caregiver how they felt implementing the strategy.

FEEDBACK

Verbally coach the caregiver while practicing, by providing informative feedback. Provide feedback that affirms the family's strengths and capacity to support their child's learning and

development.

JOINT PLAN

Support the family in making a joint plan for in between sessions.



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