

## **The Growing Brain**

Supporting the Emotional Well-Being of All Families

Spring 2025

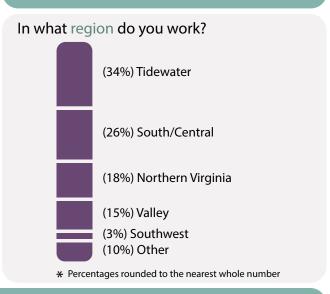
The Growing Brain, a ZERO TO THREE curriculum, prepares early interventionists to consider how to implement shared knowledge and experiences around social and emotional development into practice. This short course promotes the role everyone plays in supporting the emotional well-being of all families.

Specifically, this 4-week short course covers the following topics: Relationships, stress, attachment, trauma, temperament and behavior.

## What is your primary role?



I will use this information to build more trusting and safe relationships with the families I work with."



Most importantly I will spend more time checking in with the parent about their feelings and not always focusing on the child's progress. I have started to slow down, slow into my sessions to build connections so my families are comfortable sharing all information with me. Less goal oriented and more relationship oriented interactions."

## From the four Growing Brain sessions:

The information was practical and useful to me in my work.

I learned about strategies and/or resources that I will now use in my work with families.

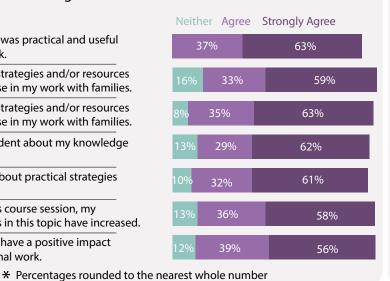
I learned about strategies and/or resources that I will now use in my work with families.

I feel more confident about my knowledge of the topic.

I learned more about practical strategies that I can use.

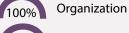
As a result of this course session, my knowledge/skills in this topic have increased.

The training will have a positive impact on my professional work.

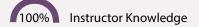


How satisfied were participants with the sessions?













\* Percentages rounded to the nearest whole number







